

2022

Comfort Keepers®
National Day of

Joy

4th Annual National Day of Joy June 30th 1 pm - 3 pm

The National Day of Joy is about finding joy in everyday moments. Too often, the pursuit of joy is relegated to the background of people's lives as they tackle their day-to-day responsibilities. Finding joy, no matter your age, is important for maintaining your physical health, mental health, and overall well-being.

To share joy this year, Comfort Keepers of Secaucus is hosting an ice cream truck at the Secaucus Public Library. Please join us for an ice cream, tell us what brings you joy and enter a raffle to win a gift basket. We will be spreading joy rain or shine, we hope to see you there!

Please register on the calendar @ [Secaucuslibrary.org](https://secaucuslibrary.org)